

**INSTRUCTIONS TO PARENTS OR PEDIATRIC PATIENTS WHO ARE TO RECEIVE SEDATION OR
GENERAL ANESTHESIA FOR DENTAL TREATMENT**

It is important for your child's safety that you follow these instructions carefully.

- Eating and Drinking** To avoid vomiting and complication during treatment with sedation or anesthesia, DO NOT allow your child any food or drink (even water) unless directed by your Doctor. The following schedules should be followed:
1. No milk or solid food after midnight before the scheduled procedure.
 2. Children ages 0-3 years, clear liquids up to 4 hours before the procedure.
 3. Children ages 3-6 years, clear liquids up to 6 hours before the procedure.
 4. Children ages 7 years or greater, clear liquids up to 8 hours before the procedure.
- Change in Health** Any changes in the child's health, especially the development of a cold or fever, within 7 days before the day of treatment is very important. For the child's safety A new appointment may be made for another day. Inform this office of any changes in health before your appointment.
- Arriving** A responsible adult must accompany the patient to the dental office and must remain until treatment is completed. Plan to arrive early for your appointment.
- Medications** Give your child only those medications that he or she takes routinely, such as seizure medications or prophylactic antibiotics, and those prescribed by your child's physician. DO NOT give your child any other medicines before or after treatment, without checking with this office.
- Activities** DO NOT plan to permit activities for the child after treatment. Allow the child to rest. Closely supervise any activity for the remainder of the day.
- Getting Home** The patient must be accompanied by a responsible adult. Someone should be available to drive the patient home. The child should be closely watched for signs of breathing difficulty and carefully secured in a care seat or seat belt during transportation. DO NOT use a bus.
- Drinking and Eating after Treatment** After treatment, the first drink should be plain water. Sweet drinks can be given next (clear fruit juice or Gatorade). Small drinks taken repeatedly are preferable to taking large amounts. Soft food, not too hot, may be taken when desired.
- Temperature Elevation** The child's temperature may be elevated to 101 F (38 C) for the first 24 hours after treatment. Acetaminophen (Tylenol) ever 3-4 hours and fluids will help alleviate this condition. Temperature about 101F (38 C) is cause to notify this office.
- Seek advice**
1. If vomiting persists beyond 4 hours.
 2. If the temperature remains elevated beyond 24 hours or goes above 101 F (38 C).
 3. There is any difficulty breathing.
 4. If any other matter causes you concern.

**PLEASE CALL THE FOLLOWING NUMBER IF YOU HAVE ANY PROBLEMS RELATING TO YOUR
CHILD'S TREATMENT**

TELEPHONE: _____ DOCTOR: _____