

## **DCF Preoperative Instructions for IV Sedation**

1. Nothing to eat or drink (including water) for 8 hours prior to surgery. You should brush your teeth, but don't swallow any water.
2. Please wear loose fitting clothing with sleeves which can be rolled up past the elbow.
3. Don't wear any jewelry and remove all facial piercings, especially tongue rings. Don't wear any lipstick, excessive makeup or dark nail polish on the day of surgery.
4. Prepare for after surgery by having plenty of water, soups, ice cream, mash potatoes, pudding, yogurt, oatmeal, and eggs are a few of the foods you may choose to eat for the first few days after surgery.
5. Make sure you bring an escort/driver with you. If you do not have a driver sedation will not be performed. This person must be an adult of at least 18 years of age. Also, you are not to be left alone for the remainder of the day. You need to have someone with you at home for at least the first 12 hours after surgery.
6. If you think you may have a chance of being pregnant, take a pregnancy test within 24 hours of surgery. General anesthesia is teratogenic, which means, it can cause severe birth defects and put you and your child at risk.
7. All medications need to be listed in chart prior to sedation appointment. To help avoid any spelling conflicts, if you do not have a list of medications, please bring the medications with you and the DCF staff will be happy to record them for you. Do not take any blood thinners, anticoagulants, Coumadin, aspirin or any medications containing aspirin 5 days prior to surgery. Patients under doctor's order to keep taking blood thinners or anticoagulants should inform the dental surgeon prior to surgery. If you are a diabetic and you have a morning appointment, do not take your diabetic medication that morning.
8. If you have an illness such as cold, sore throat, stomach or bowel upset, please notify the office.

If you have any questions please contact the office at 586.293.8750 a day prior to your appointment for clarification.

Your appointment is scheduled for: \_\_\_\_\_

Your copay is: \_\_\_\_\_ and is expected at the time of service.